

## **CATEGORY: NIBBLES**

				ALLERG	ENS									
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU B CHORIZO NIBBLES														
MENU B BREAD AND OIL NIBBLES		Does contain												Does contain
MENU B HOUMOUS AND PITTA NIBBLES		Does contain								Does contain		Does contain		
MENU B HALLOUMI NIBBLES							Does contain							
MENU A PROVENCAL OLIVES & FETA							Does contain							
MENU B H&M SAUSAGES NIBBLES									Does contain					
MENU B WHITBAIT NIBBLES		Does contain			Does contain									
MENU A FENNEL & SAGE SCRATCHING SS19														
GARLIC MUSHROOMS NIBBLES SS20							Does contain							Does contain
VEGETABLE FRIES NIBBLE SS20		Does contain												Does contain

#### **CATEGORY: TO START**

				ALLERG	ENS									
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
CRAB & AVOCADO COCKTAIL SS20	Does contain	Does contain	Does contain	Does contain	Does contain		Does contain		Does contain					
CAULI BOMBS SS20		Does contain							Does contain				Does contain	
MENU B GREEK SALAD AW18							Does contain							Does contain
BRIXWORTH PATE SS20		Does contain												
MENU A SWEET POTATO SOUP AW18	Does contain	Does contain												
GAMBAS PIL PIL AW19		Does contain	Does contain		Does contain		Does contain							Does contain
VEGAN FALAFELS & TAHINI SS20									Does contain			Does contain		
GARLIC MUSHROOMS STARTER SS20		Does contain					Does contain							Does contain

# **CATEGORY: SHARERS**

				ALLERG	ENS									
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU B CAMEMBERT SHARER	Does contain	Does contain					Does contain							Does contain
B SHARER NACHOS GRANDE	Does contain	Does contain					Does contain		Does contain					Does contain
CRISPY FRIED CHICKEN WINGS K-BOX *4		Does contain					Does contain							Does contain
CRISPY FRIED CHICKEN WINGS K-BOX *8		Does contain					Does contain							Does contain
CRISPY FRIED CHICKEN WINGS K-BOX *12		Does contain					Does contain							Does contain
BUFFALO DIP CLOX														
PIRI PIRI DIP CLOX														Does contain
HICKORY SMOKED BBQ DIP CLOX														

# **CATEGORY: STEAKS**

			ALLERG	ENS									
Recipe	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU B 100Z RUMP	Does contain	Does contain				Does contain		Does contain					Does contain
MENU B 80Z SIRLOIN	Does contain	Does contain				Does contain		Does contain					Does contain
MENU B 70Z FILLET	Does contain	Does contain				Does contain		Does contain					Does contain
MENU B 100Z GAMMON	Does contain	Does contain	Does contain					Does contain					Does contain
MENU B MIXED GRILL	Does contain	Does contain	Does contain			Does contain		Does contain					Does contain
B SIDE SAUCE PEPPERCORN SAUCE	Does contain	Does contain	Does contain			Does contain							
MENU B BLUE CHEESE SAUCE AW18						Does contain							
B SIDE HERB & GARLIC BUTTER	Does contain					Does contain							

B SIDE CHILLIES & CORIANDER BUTTER						Does contain				
CREAMED SPINACH SIDE SS20		Does contain				Does contain				
MENU A SMOKED MAC N CHEESE AW18		Does contain				Does contain				
B SIDE ONION RINGS		Does contain				Does contain				Does contain
MENU A SIDE PRAWNS	Does contain		Does contain		Does contain	Does contain				Does contain
B SIDE SAUTEED MUSHROOMS	Does contain					Does contain				
MENU A ROCKET & PARMESAN SALAD	Does contain	Does contain		Does contain		Does contain	Does ontain			
MENU C SIDE BUTTERED KALE						Does contain				

# **CATEGORY: BURGERS**

			ALLERG	ENS									
Recipe	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
PRIME BEEF BURGER SS20		Does contain	Does contain			Does contain					Does contain	Does contain	Does contain
MENU A BUTTERMILK CHICKEN BURGER SS19		Does contain	Does contain			Does contain		Does contain			Does contain	Does contain	Does contain
MENU B LOADED 12 OZ BEEF BURGER		Does contain	Does contain			Does contain		Does contain			Does contain	Does contain	Does contain
MOVING MOUNTAIN BURGER SS20		Does contain								Does contain	Does contain	Does contain	Does contain
FAUX CHKN BURGER SS20		Does contain	Does contain					Does contain			Does contain	Does contain	Does contain

## **CATEGORY: FROM THE GARDEN**

				ALLERG	ENS									
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
ROASTED CAULIFLOWER STEAK SS20		May contain								Does contain	Does contain	Does contain	Does contain	
MENU A RIGATONI ARRABITA AW18		Does contain		Does contain			Does contain							Does contain
MENU B ASIAN NOODLE STIR FRY		Does contain		Does contain								Does contain	Does contain	Does contain
MAIN COURGETTE & GOATS CHEESE SUPERFOOD SS20	May contain	Does contain					Does contain						Does contain	Does contain
C BLACK & BLUE 50Z RUMP		Does contain		Does contain			Does contain		Does contain					
GLAMORGAN SAUSAGE & MASHED POTATO SS20	Does contain	Does contain					Does contain		Does contain					Does contain
MUSHROOM LINGUINE AW19		Does contain					Does contain		Does contain					Does contain

## CATEGORY: FROM THE LAND

			ALLERG	ENS									
Recipe	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
PORK BELLY & GRATIN SS20	Does contain		Does contain			Does contain							Does contain
ULTIMATE CHICKEN CAESAR SALAD SS20	Does contain	Does contain	Does contain	Does contain		Does contain						Does contain	
BEEF STROGANOFF AW19						Does contain		Does contain					Does contain
PIRI PIRI CHICKEN SS20	Does contain	Does contain						Does contain					Does contain
TRIO SAUSAGE & MASH SS20	Does contain					Does contain							Does contain
MENU B HUNTERS CHICKEN	Does contain	Does contain				Does contain		Does contain				Does contain	Does contain
CHICKEN & HAM PIE SS20	Does contain	Does contain	Does contain			Does contain							Does contain

### **CATEGORY: FROM THE SEA**

				ALLERG	ENS									
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU C MAIN SCAMPI & CHIPS		Does contain	Does contain	Does contain					Does contain				Does contain	
BATTERED COD & CHIPS & CURRY SAUCE SS20		Does contain		Does contain	Does contain		Does contain		Does contain				Does contain	
SALMON & ASPARAGUS SS20					Does contain		Does contain							
KING PRAWN & CRAB LINGUINI SS20		Does contain	Does contain	Does contain	Does contain		Does contain							Does contain
MENU B SEABASS	Does contain				Does contain		Does contain							

## **CATEGORY: SANDWICH**

			ALLERG	ENS									
Recipe	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs I	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU C FISH FINGER S/W		Does contain	Does contain	Does contain				Does contain					Does contain
VEGGIE S/W SS20	Does contain	Does contain	Does contain			Does contain		Does contain					Does contain
MENU B CHICKEN & BACON SANDWICH		Does contain	Does contain										Does contain
MENU A CROQUE MONSIEUR S/W AW18	Does contain	Does contain				Does contain		Does contain					
THE CHEESESTEAK SS20	Does contain	Does contain	Does contain			Does contain		Does contain					Does contain
CRAB & AVOCADO S/W SS20		Does Does contain contain	Does contain	Does contain							Does contain		
B ADD BOWL OF CHIPS													
B SIDE SWEET POTATO FRIES													

## **CATEGORY: DESSERTS**

			ALLERG	ENS									
Recipe	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs I	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
WHITE CHOC & RASPBERRY BRULEE SS20			Does contain			Does contain						Does contain	
MENU B TRIO MINI DESSERTS		Does contain	Does contain			Does contain			Does contain	Does contain		Does contain	
MENU C SALTED CARAMEL BROWNIE AW18		Does contain	Does contain			Does contain			Does contain	Does contain		Does contain	Does contain
SUMMER APPLE & BERRY CRUMBLE SS20		Does contain				Does contain							
VEGAN KEY LIME PIE												Does contain	Does contain
B DESSERT GALLONES ICE CREAM		Does contain				Does contain			Does contain			Does contain	
CHEESE BOARD SS20	Does contain	Does contain				Does contain		Does contain	Does contain	Does contain			

#### CATEGORY: SUNDAY ROASTS

				ALLERG	ENS									
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
SUNDAY STRIPLOIN ROAST SS20	Does contain						Does contain							Does contain
SUNDAY PORK LOIN ROAST SS20	Does contain						Does contain							Does contain
SUNDAY LAMB ROAST SS20	Does contain						Does contain							Does contain
SUNDAY LEMON & THYME CHICKEN ROAST SS20	Does contain						Does contain							Does contain
SUNDAY ROOT VEGETABLE NUT ROAST SS20	Does contain	Does contain		Does contain			Does contain			Does contain	Does contain	Does contain		Does contain
SALMON ROAST SS20					Does contain		Does contain							Does contain
VEGAN LEEK & MUSHROOM PIE ROAST SS20	Does contain												Does contain	Does contain
SUNDAY TRIO ROAST SS20	Does contain						Does contain							Does contain
MENU A PIGS IN BLANKETS AW18		Does contain											Does contain	Does contain
MENU A CAULIFLOWER CHEESE AW18		Does contain					Does contain							
MENU A SIDE ROAST POTATOES AW18														
MENU A YORKSHIRE PUDDING SIDE AW18		Does contain		Does contain			Does contain							
SAUSAGE STUFFING SIDE AW18	Does contain	Does contain		Does contain										